

St Francis C of E Primary School

Longfield
Falmouth
Cornwall
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www.stfrancis.kernowlearning.co.uk

Headteacher: Hannah Stevens

Head of School: Rachel Marsh

During the spring term in our PSHE lessons, we will be focusing on the relationships and sex education aspect of the curriculum. Most of PSHE education became statutory for all schools from September 2020 under the Children and Social Work Act 2017. This includes Relationships Education at key stages 1 and 2, Relationships and Sex Education (RSE) at key stages 3 and 4, and Health Education in both primary and secondary phases.

On our school website, under key info, you will find the policies for both P.S.H.E, R.S.E and the overview of this year's P.S.H.E lesson content.

For reception this is slightly different. PSHE in early years is 'Personal, Social and Emotional Development' (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development.

Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.

The Christopher Winter scheme of work that I use with the children in reception is the initial building block for the progression of the teaching of R.S.E that is taught throughout the school. You can see an overview of the 3 lessons on the school website.

If you have any questions or concerns please don't hesitate to email the office so that myself or Mrs Marsh, can endeavor to help with your enquiry before the end of term and the start of these lessons in the spring.

Kind regards

Nicky Sutton

P.S.H.E, R.E and ART co-ordinator, Ex-day lead and Senior mental health lead



Kernow Teaching
School Hub



Kernow Initial
Teacher Education



English Hubs
Kernow English Hub



Reception: Christopher Winter scheme of work

Lesson 1 Our Day

Learning Intention: To consider the routines and patterns of a typical day. **Learning Outcomes:** Understand some areas in which the children can look after themselves e.g. dressing and undressing.

Lesson 2 Keeping Ourselves Clean

Learning Intention: To understand why hygiene is important.

Learning Outcomes: Explain why it is important to keep clean
Understand some basic hygiene routines.

Lesson 3 Families

Learning Intention: To recognise that all families are different.

Learning Outcomes: Identify different members of the family
Understand how members of a family can help each other.

Vocabulary: Dress, undress, clean, smelly, flannel, sponge, towel, hands, toothpaste, toothbrush, hairbrush, comb, family, mum, dad, brother, sister, grandma, grandad, step mum, stepdad