

St Francis C of E Primary School

Longfield
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www.stfrancis.kernowlearning.co.uk

Headteacher: Hannah Stevens

Head of School: Rachel Marsh

During the spring term in our PSHE lessons, we will be focusing on the relationships and sex education aspect of the curriculum. Most of PSHE education became statutory for all schools from September 2020 under the Children and Social Work Act 2017. This includes Relationships Education at key stages 1 and 2, Relationships and Sex Education (RSE) at key stages 3 and 4, and Health Education in both primary and secondary phases.

On our school website, under key info, you will find the policies for both P.S.H.E, R.S.E and the overview of this year's P.S.H.E lesson content.

Your rights as a parent.

On the school website, under curriculum and P.S.H.E, is the guide for parents from the DFE "Understanding Relationships and Health Education in your child's primary school: a guide for parents."

A summary of this is as follows:

Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content. If you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. At primary level, the head teacher must grant this request. A pro forma to request this can be seen in appendix 2 of our R.S.E policy.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.

For families of pupils in years 4,5 and 6, I am inviting you into school, in the new build on Friday 9th February at 2.30pm, if you would like to see some of the resources we will be using. (Please note if you attended last year, the materials will be the same).

Below you will see the learning intentions and outcomes for your child's year group for these lessons and the taught vocabulary. You will also see examples of some of the pictorial resources provided by the scheme in appendix 3 of our R.S.E policy. (Could I ask that you don't share these with your children, as they will be using the resources in the lessons.)

If you have any questions or concerns please don't hesitate to email the office so that myself or Mrs Marsh, can endeavor to help with your enquiry before the end of term and the start of these lessons in the spring.

Kind regards

Nicky Sutton

P.S.H.E, R.E and ART co-ordinator, Ex-day lead and Senior mental health lead



YEAR 4: Christopher Winter and Medway scheme of work

Lesson 1: growing and changing

Learning Intention: To explore the human lifecycle.

Learning Outcomes: Describe the main stages of the human lifecycle
Describe the body changes that happen when a child grows up.

Lesson 2: What is puberty (including menstruation and wet dreams)

Learning Intention: To identify some basic facts about puberty.

Learning Outcomes: Discuss male and female body parts using agreed words
Know some of the changes which happen to the body during puberty.

Lesson 3: Puberty, changes and reproduction (Including emotional changes and personal hygiene)

Learning Intention: To explore how puberty is linked to reproduction.

Learning Outcomes: Know about the physical and emotional changes that happen in puberty
Understand that children change into adults so that they are able to reproduce.

Vocabulary: Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings, penis, testicles, scrotum, foreskin, urethra, vagina, clitoris, uterus, ovary, fallopian tubes, cervix, vulva, hormones, growth spurts, acne, menstruation, feminine hygiene products (tampons, sanitary towels, panty liners) wet dreams, ejaculation, semen, masturbation