

St Francis C of E Primary School

Longfield
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Headteacher: Hannah Stevens

Head of School: Rachel Marsh

During the spring term in our PSHE lessons, we will be focusing on the relationships and sex education aspect of the curriculum. Most of PSHE education became statutory for all schools from September 2020 under the Children and Social Work Act 2017. This includes Relationships Education at key stages 1 and 2, Relationships and Sex Education (RSE) at key stages 3 and 4, and Health Education in both primary and secondary phases.

On our school website, under key info, you will find the policies for both P.S.H.E, R.S.E and the overview of this year's P.S.H.E lesson content.

Your rights as a parent.

On the school website, under curriculum and P.S.H.E, is the guide for parents from the DFE "Understanding Relationships and Health Education in your child's primary school: a guide for parents."

A summary of this is as follows:

Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content. If you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. At primary level, the head teacher must grant this request. A pro forma to request this can be seen in appendix 2 of our R.S.E policy.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.

For families of pupils in years 4,5 and 6, I am inviting you into school, in the new build on Friday 9th February at 2.30pm, if you would like to see some of the resources we will be using. (Please note if you attended last year, the materials will be the same).

Below you will see the learning intentions and outcomes for your child's year group for these lessons and the taught vocabulary. You will also see examples of some of the pictorial resources provided by the scheme in appendix 3 of our R.S.E policy. (Could I ask that you don't share these with your children, as they will be using the resources in the lessons.)

If you have any questions or concerns please don't hesitate to email the office so that myself or Mrs Marsh, can endeavor to help with your enquiry before the end of term and the start of these lessons in the spring.

Kind regards

Nicky Sutton

P.S.H.E, R.E and ART co-ordinator, Ex-day lead and Senior mental health lead



Kernow Teaching
School Hub



Kernow Initial
Teacher Education



Funded by
Department
for Education

English Hubs
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YEAR 5: Christopher Winter and Medway scheme of work

Lesson 1: Talking about puberty

Learning Intention: To explore the emotional and physical changes occurring in puberty.

Learning Outcomes: Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence.

Lesson 2: Male and female changes

Learning Intention: To understand male and female puberty changes in more detail.

Learning Outcomes: Understand how puberty affects the reproductive organs Describe how to manage physical and emotional changes.

Lesson 3: Puberty and hygiene

Learning Intention: To explore the impact of puberty on the body & the importance of hygiene; To explore ways to get support during puberty.

Learning Outcomes: Explain how to keep clean during puberty Explain how emotions change during puberty Know how to get support and help during puberty.

Vocabulary: Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings, penis, testicles, scrotum, foreskin, urethra, vagina, clitoris, uterus, ovary, fallopian tubes, cervix, vulva, hormones, growth spurts, acne, menstruation, feminine hygiene products (tampons, sanitary towels, panty liners) wet dreams, ejaculation, semen, masturbation