WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026								
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
	OPTION	Cheese and Tomato Pizza with Potato Wedges	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Sweetcom Pasta Bake	Battered Pollock with Chips		
N		OR	OR	OR	OR	OR		
HOT DISHES	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges 💿	Veggie Meatballs in Tomato Sauce with Wholegrain Pasta W	Quorn Roast with Mashed Potato and Gravy	Macaroni Cheese	Quorn Dippers with Chips 😙		
		OR	OB	OR	OR .	OR		
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta		
		HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap		
	OPTION	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich		

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Chocolate Marble Cake Orange Glazed Sticky Sponge Ćake with Custard 6

Lemon Cookie

Crunchy Chocolate Mousse

Sandwich

Fruits of the **Forest Jelly**



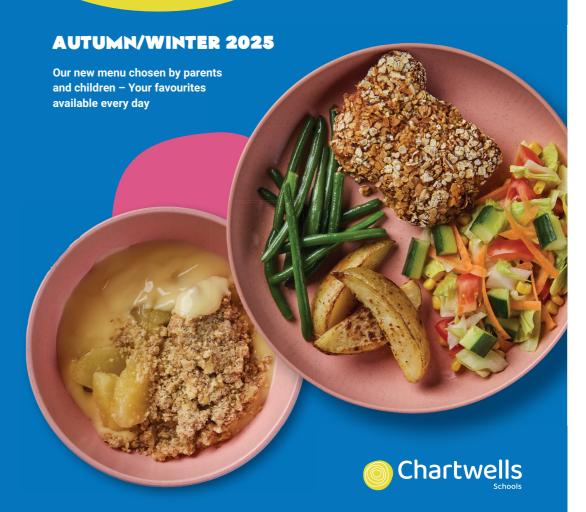


AVAILABLE DAILY Fresh fruit, salad, yoghurt and water

🔻 Vegetarian 🌞 Vegan 🔅 Oily Fish 😻 Wholegrain 🐞 Fruity! 💖 Nutritionist's Choice

Menu_101_007261

THREE WEEK MENU



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY OPTION Cheese and Chicken and **Beef Bolognese Roast Chicken Fish Fingers** Tomato Pizza Vegetable Pie with Wholewheat with Roast with Potato with Mashed with Chips Pasta 🐲 🤫 Potatoes and Gravy Potatoes and Gravy Wedges 🔮 HOT DISHES OR OPTION **BBQ Vegetable** Vegetarian **Roast Quorn** Cheesy Wrap Bolognese with Roast Vegetable **Quorn Dippers** with Potato with Wholewheat Hotpot Potatoes and Gravy with Chips 😗 Pasta 💿 🐲 🤫 Wedges o 🦁 V OR Tomato Pasta Tomato Pasta **Tomato Pasta** Tomato Pasta **Tomato Pasta** OPTION Fresh, homemade Fresh, homemade Fresh, homemade Fresh, homemade Fresh, homemade Tomato Sauce with Penne Pasta O Penne Pasta HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD **OPTION** Cheese and Cheese and Tuna Wrap **Ham Wrap Ham Wrap** DELI DISHES Tomato Wrap **Tomato Wrap** V V OR OR OR OR OPTION Tuna Egg Mayonnaise Cheese Cheese **Ham Sandwich** Mayonnaise Sandwich Sandwich Sandwich Sandwich V V V DELI DISHES ARE SERVED WITH MIXED SALAD Strawberry **Crunchy Apple** Shortcake Oat Cookie Apple Crumble **Berry Blondie** Slice DESSERT Mousse with Custard 6 **T** ď



W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/202

7		11, 0. 10, 11, 2020, 01, 12, 2020, 12, 01, 2020, 02, 20, 20, 20, 20, 20, 20, 20,					
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HOT DISHES	OPTION	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Fish Fingers with Chips	
	option 2	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Veggie Shepherd's Pie with Gravy (1)	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Veggie Fingers with Chips	
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	
		AND FRESHLY BAKE	ED BREAD				
DELI DISHES	OPTION 4	Cheese and Tomato Wrap	Tuna Wrap	Ham Wrap	Cheese and Tomato Wrap	Ham Wrap	
	OPTION 5	Egg Mayonnaise Sandwich	Ham Sandwich	Cheese Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich	



Chocolate Flapjack **Caramel Crunch** DESSERT

Chocolate Brownie ď

DELI DISHES ARE SERVED WITH MIXED SALAD

Apple and Golden Syrup Sponge with Custard

Chocolate Cookie VIII



BAKED POTATOES SERVED DAILY With a choice of toppings 💟 🚸



AVAILABLE DAILY

With a choice of toppings V 🖚

BAKED POTATOES SERVED DAILY

🤍 Vegetarian 🥦 Vegan 🔅 Oily Fish 😻 Wholegrain 🍎 Fruity! 💖 Nutritionist's Choice

AVAILABLE DAILY

🔻 Vegetarian 👨 Vegan 🚸 Oily Fish 😻 Wholegrain 🀞 Fruity! 💖 Nutritionist's Choice